



## What's In Your Companion's "Premium" Food?

**By-Products**—Often include tissue from dead, diseased, and disabled animals; hooves, hair, hide, beaks, feet, feathers, tumors, urine and fecal matter.

**BHT/BHA**—Can cause allergic reactions, fetal abnormalities and abnormal behavior in offspring; affects kidney and liver functions. BHT is prohibited in England, Sweden and Australia. <sup>1</sup>

**Ethoxyquin (Santoquin)**—This herbicide that has been found to cause liver tumors. This artificial preservative is NOT allowed in human foods.

**Artificial Colors**—Contain coal-tar derivatives and possible carcinogens; increase sensitivities to fatal viruses and can cause mutations. <sup>2</sup>

**Artificial Flavors**—These are the same substances that cause hyperactivity in children. <sup>3</sup>

**Sugar (sucrose, dextrose, corn syrup, etc.)**—Interferes with your pet's ability to digest protein, calcium, and other minerals; inhibits growth of beneficial intestinal bacteria; can stimulate the production of fat. <sup>4</sup>

**Sodium Nitrate**—Produces nitrosamines (powerful cancer-causing agents) known to have caused deaths, and has induced severe arthritic symptoms. It is mutagenic, teratogenic and toxic. It is also linked to abnormalities of the immune system. <sup>5</sup>

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<sup>1</sup> *Consumer's Dictionary of Food Additives*, R. Winter, Crown Publishers, Inc., 1984.

<sup>2</sup> *Natural Health for Dogs and Cats*, R. Pitcairn, DVM, Rodale Press, 1982.

<sup>3</sup> *How to Have a Healthier Dog*, W. Belfield, DVM, Signet Books, 1993.

<sup>4</sup> *The Very Healthy Cat Book*, W. Belfield, DVM, McGraw-Hill Co., 1983.

<sup>5</sup> *Keep Your Pet Healthy the Natural Way*, P. Lizarus, Bobs-Merill Co. Inc., 1983